

FLEX CATERING PACKAGE/ YOUR CATERING PACKAGE EXPLAINED

2020/2021

www.kent.ac.uk/catering

University of
Kent

INTRODUCTION

In this booklet you will find information about the Flex Catering Package.

There is a page about each of the catering outlets, with information about their location and the type of food they serve. We offer a variety of different cuisines and our outlets are spread across campus so you'll never be too far from a place to eat! Check out the handy campus map to locate each of our outlets, and read the Key Information and FAQs (Frequently Asked Questions) so you are aware of your full entitlement.

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CORONAVIRUS

Due to the coronavirus pandemic, special measures in line with government guidelines are likely to be in place during the 2020/21 academic year. Please note, The Sports Café is closed for the duration of the Autumn Term.

For latest information, please scan the QR code or visit www.kent.ac.uk/catering/coronavirus.html





HUT 8/ TURING COLLEGE

Best for: Tasty pizza and gaming

Hut 8's menu offers takeaway-style food, including homemade pizzas, finger-licking chicken, mouth-watering burgers, wraps, and a selection of tasty desserts. For those feeling extra hungry, the Hut 8 Big Stack burger is sure to fill you up in no time!

Hut 8 is a great place to hang out with friends and take advantage of the gaming facilities while grabbing a bite to eat. There's air hockey, table tennis and snooker to choose from.

If you're feeling hungry, Hut 8's 16" pizzas are sure to fill you up in no time. Or if you're feeling generous, why not share a pizza with your friends on the sofas?



RUTHERFORD DINING HALL/ RUTHERFORD COLLEGE

Best for: Value for money

Rutherford Dining Hall offers traditional, home-cooked food for budget-friendly prices. If you want choice, great value for money and hearty portions, Rutherford Dining Hall is the place for you! The menu changes daily, alongside a wok bar, giving you plenty of options for healthy and nutritious meals.

The menu is customisable and caters to vegan, vegetarian, Halal and gluten-free diets, and serving staff are on hand to make your dining experience as easy as possible.

The daily wok bar is full to the brim with tasty veggies and filling protein, and you can choose exactly what goes in your meal. Watch as their chefs make your dish in front of your eyes in the theatre kitchen at the back of the servery, and grab a wok bar loyalty card while you're there!

BAG IT/ RUTHERFORD COLLEGE

Best for: Baguettes and bloomers

Bag It offers a bespoke sandwich service so you can create your own sandwich, made just how you like it. With over 15 fillings and plenty of trimmings to choose from, there's a sandwich to satisfy any craving! And if your brie and bacon multi-seeded baguette wasn't enough, why not add a cold drink, packet of crisps, chocolate bar or piece of fruit to your order?

Simply visit www.bagit.com to place your order, pay, and select a collection time that suits you. That means less time spent waiting around, and more time studying!

Additional items such as hot drinks, pastries, cakes and snacks will be available to purchase directly from Bag It when you arrive to pick up your lunch.





ORIGINS/ DARWIN COLLEGE

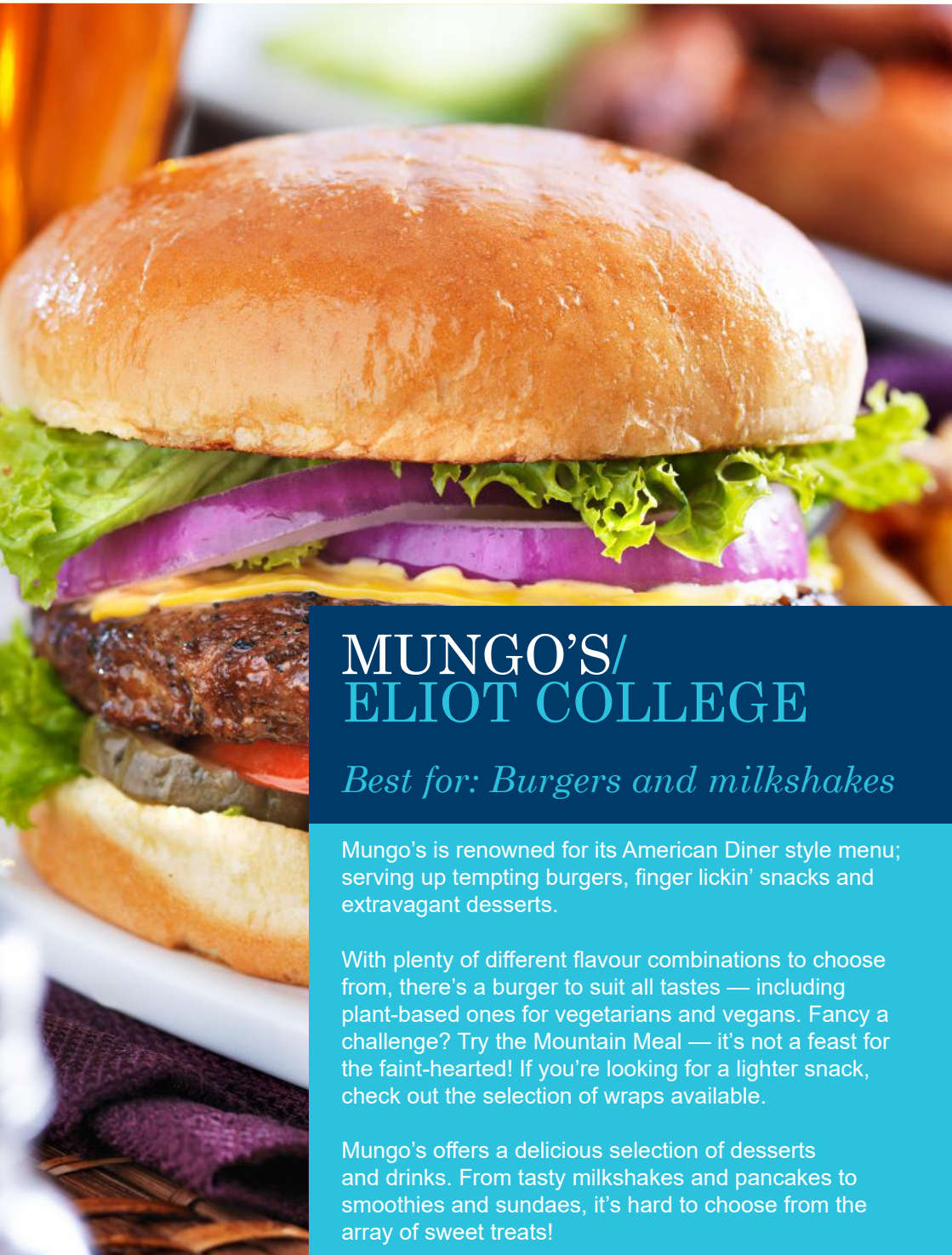
Best for: American smokehouse classics

The food in Origins is packed full of smoky flavours and BBQ goodness. All their pitmaster classics are smoked in-house over hickory wood and served with delicious side dishes. Signature dishes include homemade nachos, po'boys, gourmet burgers, topped fries and chicken wings.

If you still have room after your main, why not try one of their indulgent desserts? The hot chocolate brownie with vanilla ice cream is a favourite amongst many!

If you're into vegetarian or vegan food, their menus includes smoky vegan bean chilli, chopped Cobb salads and nachos so you won't miss out.





MUNGO'S/ ELIOT COLLEGE

Best for: Burgers and milkshakes

Mungo's is renowned for its American Diner style menu; serving up tempting burgers, finger lickin' snacks and extravagant desserts.

With plenty of different flavour combinations to choose from, there's a burger to suit all tastes — including plant-based ones for vegetarians and vegans. Fancy a challenge? Try the Mountain Meal — it's not a feast for the faint-hearted! If you're looking for a lighter snack, check out the selection of wraps available.

Mungo's offers a delicious selection of desserts and drinks. From tasty milkshakes and pancakes to smoothies and sundaes, it's hard to choose from the array of sweet treats!




CREATE/ MARLOWE BUILDING

Best for: Coffee and food on the go

Situated in the heart of campus, Create is a great place to get your morning coffee and croissant.

During the morning you'll find sausage rolls, pastries and a selection of teas and coffees. So whether you're a flat white, frappe or fruit tea kind of person, they've got you covered.

From around midday, pasties and paninis will be available from the counter so you can grab a quick lunch to go. Classic sandwiches, snacks and cold drinks can also be found in the fridge.





K-BAR/ KEYNES COLLEGE

Best for: Cocktails and mocktails

K-Bar has a laid-back and welcoming vibe, perfect for relaxing with friends in the evening or between lectures.

The bar stocks a variety of premium lagers, craft ales, wines and liquors. But if you're looking for something more adventurous than your average tippie, why not try one of K-Bar's popular cocktails? There's both old favourites (mojito, anyone?) and signature blends to choose from.

If alcohol isn't your thing, a selection of soft drinks, smoothies, mocktails, and hot drinks are available too.

In the summertime, the courtyard garden is the perfect place to gather with friends and unwind over a couple of drinks and a Chicago Town pizza.

SPORTS CAFÉ/ SPORTS CENTRE

Best for: Protein shakes and post-workout refreshments

If you fancy a quiet coffee, a post workout snack or a catch up with a friend, this café is the perfect place to relax and socialise at your leisure.

Gym enthusiasts can purchase a cold bottle of water before a HIIT class, or a muscle building protein shake after a strength training session. Nutrition and hydration are an important part of the recovery process after completing a hard workout.

The café stocks premium protein powders in a variety of flavours, including a vegan option for those looking to get their gains from plants.

Even if you're not the sporty type, The Sports Café is still a great place to pick up a delicious barista coffee and snack. Cakes, cookies, health bars and smoothies are available to all who have worked up an appetite.





THE STREET KITCHEN/ JARMAN PLAZA

Best for: Soulful street food

For feel-good food on the go, check out The Street Kitchen.

With a new menu each week, The Street Kitchen consistently serves up authentic, flavoursome food at affordable prices. Past menus have featured: lamb koftas with greek salad, jerk chicken wraps, pulled aubergine burgers, and black bean tacos.

All dishes are neatly presented in cardboard box and designed to be taken away and enjoyed at your leisure. Cans of drink are available to purchase, as well as ice creams and lollies during the summer months.

Want to find out more? The Street Kitchen sends out a weekly newsletter with its new menu. Sign up here to be added to the mailing list: <http://bit.ly/streetkitchensignup>



SIBSON CAFÉ/ SIBSON BUILDING

Best for: Healthy options

Serving delicious, fresh, homemade food to eat in or takeaway, Sibson Café focusses on healthy, balanced dishes which include lots of fresh vegetables and lean protein.

If you're a vegetarian or vegan, then you're in luck, because dishes are made with you in mind. There's always plenty of plant-based options, as well as easily adaptable meat dishes.

The lunch menu changes weekly, and boasts a carefully chosen selection of flavours and fusion dishes from across the world. Dishes in the past have included: smashed avocado and poached egg on toast, healthy balance bowls, warming soups and veg-packed curries.



DOLCHE VITA/ KEYNES COLLEGE

Best for: Asian fusion dishes

Dolche Vita is the perfect place to catch up with friends over lunch. The menu boasts an extensive selection of flavours from around the world, meaning there really is something for everyone!

Dolche Vita serve up fragrant curries, Asian broths and more flavours to liven up your lunchtime. If you're looking for a something smaller, their salads and light lunch options are a perfect choice.

In addition to the standard lunchtime menu, check out the daily specials board for mouthwatering dishes using seasonal and local ingredients. Stuck on where to sit? The outdoor seating area has a beautiful view of Keynes duck pond — great for dining alfresco!

MEDWAY CAMPUS

The Flex Catering Package is valid at two outlets located on and around the Medway Campus.

No.1/ ROCHESTER BUILDING

No.1 is an ideal place for breakfast and lunch on campus. The food is perfect for grabbing on-the-go, or can be enjoyed in the relaxed seating area. No.1 has a wide range of vegetarian and vegan dishes, barista coffee, and hot and cold snacks perfect for fueling your study sessions. The box meals change daily, find out what they have an offer on the boards in the café.

THE GALVANISING SHOP CAFÉ/ HISTORIC DOCKYARD

With a selection of tasty toasted sandwiches, jacket potatoes, sweet treats and snacks, The Galvanising Shop Café is a perfect spot for a catch up with friends. Eat in and soak up the wonderful building that dates back to circa 1890, or grab a bite to eat between lectures. They have delicious barista coffee, milkshakes and cold drinks to choose from too!

FLEX CATERING CALENDAR

September 2020						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October 2020						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2020						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December 2020						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

January 2021						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February 2021						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

March 2021						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2021						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2021						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2021						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

The 2020/2021 Catering Package is valid on the days highlighted in grey on this calendar.

Days marked in gold may have changes to opening hours. Please visit www.kent.ac.uk/catering for more information.

KEY INFORMATION

- Any changes to opening hours during term time will be published on the University's catering website (www.kent.ac.uk/catering), social media, and on notices posted in the catering outlets. We will endeavour to provide at least five days' notice of any changes wherever possible.
- Catering package credits are added to your KentOne card or fob, which must be presented at meal times.
- The value of missed meals cannot be refunded, transferred or rolled over to another day. The University will not refund the cash total of missed credits if you buy the Flex Catering Package after Saturday 14 September 2019 and consequently miss meals allocated in the package after this date.

KEEP IN CONTACT

Find all outlet menus and opening times at www.kent.ac.uk/catering

Got a question? Email us at catering@kent.ac.uk and we'll be happy to help!

Follow us on social media to stay updated with the latest food and drink offers across campus:

 UniKentFood

 @UniKentFood



FREQUENTLY ASKED QUESTIONS

How does it work?

Flex Catering Package holders have a meal allocation to the value of £10 each day. This is administered automatically to your KentOne card or fob each day in two £5 tokens.

You can either put the full £10 allowance towards one substantial meal, or use the two £5 tokens separately and have two smaller meals instead. If you choose to have two smaller meals, you must make sure that the cost of the first meal does not exceed £5. This will leave the other £5 token remaining on your card/fob to use later that day.

If you spend over £5 on your first meal, it will eat into the other £5 token and will be classed as used, meaning you won't have any allowance left for that day. However; you can speak to staff at the till and pay the difference yourself; for example, if your first meal costs £5.25, you can use one £5 token and pay the 25p in cash. This would leave your second £5 token untouched for later use.

What type of food do you serve?

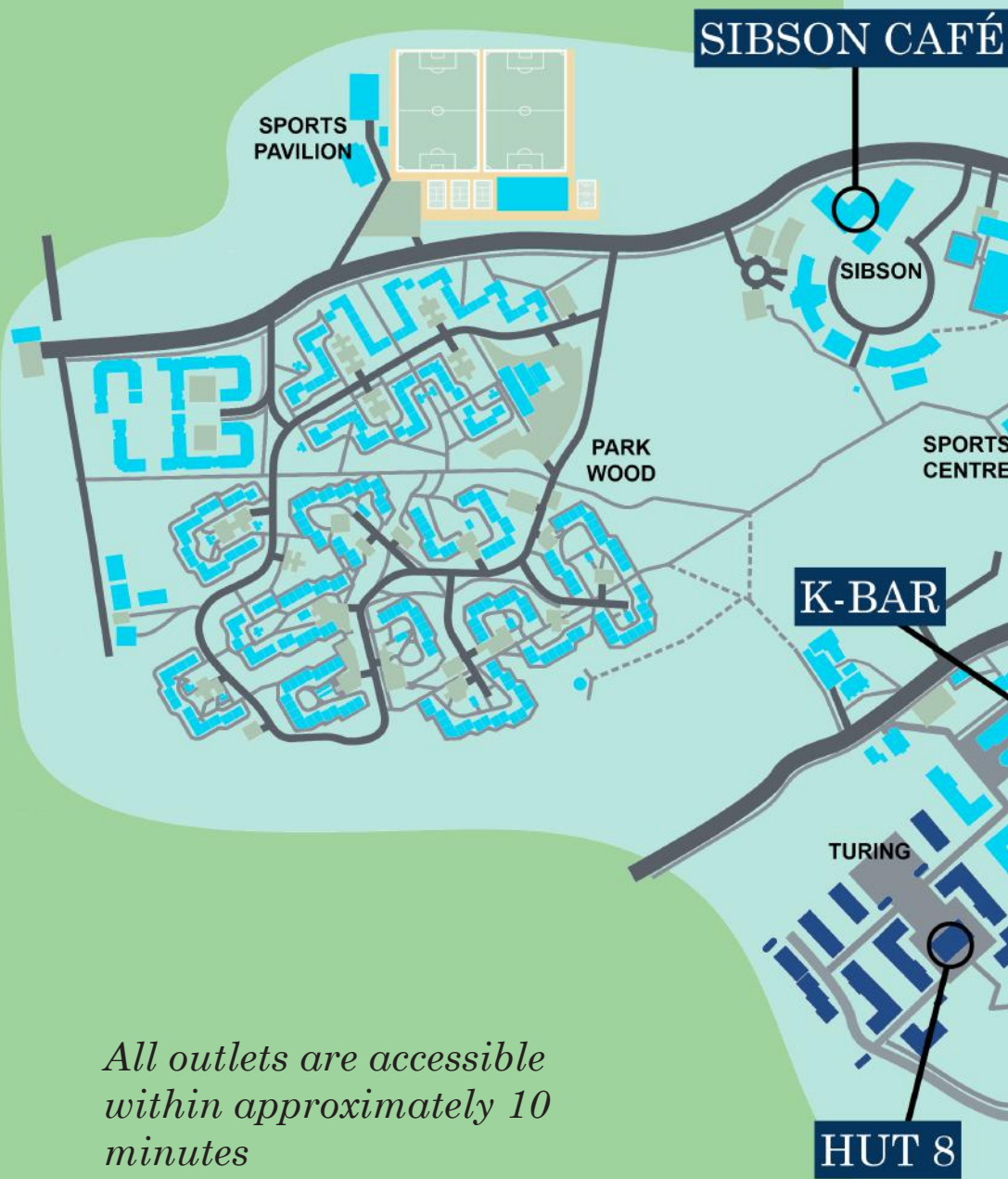
There really is something for everyone! You can go to any outlet in this booklet and order any dish from the menu, it really is that flexible! Our menus are online at www.kent.ac.uk/catering

Do you cater for special dietary requirements?

Allergen information is available for every dish on all menus. We cater for special diets and are happy to discuss any requirements you have. Please talk to our supervisors or senior chefs in our outlets or email us at catering@kent.ac.uk

I didn't use my allowance today, can I use it tomorrow?

No, you cannot carry your allowance over to the next day or be issued a refund for it.



All outlets are accessible within approximately 10 minutes



VISIT US ONLINE



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