

ALLERGY AWARENESS

When preparing food in your kitchen please be aware some of your housemates may be allergic to certain foods (such as peanuts or shellfish). In severe cases, this can lead to anaphylactic shock.

If you are allergic to certain foods, please chat to your housemates so that they are aware.

What is anaphylaxis?

Anaphylaxis is a severe and life-threatening allergic reaction. Signs and symptoms can include skin reactions; wheezing and trouble breathing; nausea, vomiting or diarrhoea and dizziness or fainting.

If someone is having an anaphylactic shock get immediate medical help by calling the Emergency Campus Security number on +44(0)1227 82 3333 or activate an emergency call through the Safe Zone app (www.safezoneapp.com).

