

For the most up to date and accurate information specific to your rail journey, use National Rail Enquiries. Cycle information is available on **desktop, mobile, iPad, iPhone & Android** devices and includes information on:

- Cycling facilities at stations
- Cycle carriage rules specific to your rail journey
- An indicator of levels of cycle spaces on specific trains
- Whether cycle reservations are available or required
- The new Plusbike facility – also provides information on hire cycles at station

Download free




Developed in partnership with the Enabling Innovation Team and the Bicycle Association of Great Britain.  
[www.futurerailway.org](http://www.futurerailway.org) [www.bikehub.co.uk](http://www.bikehub.co.uk)

## Cycles are carried free on National Rail services

National Rail encourages the integrated use of cycles and trains – two convenient and environmentally friendly forms of transport. To plan your cycle-rail journey, please check the terms and conditions for taking your cycle on the train detailed in this leaflet.

### General Advice

- Full size cycles may be excluded from trains at peak times, generally morning (0700-1000) and evening (1600-1900) commuter services to and from London, and some local services, as listed in this leaflet.
- Reservations: Some operators have no seat or cycle reservations on some or all of their services. On such trains a common-sense approach may apply where passengers with full size cycles may be asked by station staff not to board busy trains and wait for a later service.
- Where a seat reservation system is available, the reservation of cycle space is also normally provided, and this is strongly recommended to guarantee your journey. Where the service is available, details of how reservations can be made is listed by operator.
- Compact, fully folding cycles with wheels up to 20" in diameter are carried without restriction on all trains (when folded down), however you may be required to cover the cycle and place it in luggage racks. You may also be required to fold the cycle before passing through the ticket barrier.
- When planning a journey on [www.nationalrail.co.uk](http://www.nationalrail.co.uk) the blue cycle logo  indicates when cycle reservations are required or where restrictions apply.
- Full size cycles may not be carried on replacement bus services during engineering work or service disruption, but it should be possible to carry folding cycles on replacement bus services provided they are folded and covered.
- All cycles are carried subject to the National Rail Conditions of Carriage - [www.nationalrail.co.uk/nrcc](http://www.nationalrail.co.uk/nrcc).
- Cycle storage and hire: A large number of National Rail stations have good quality cycle parking, and cycle hire is sometimes available. For more information see the Station Information section of [www.nationalrail.co.uk](http://www.nationalrail.co.uk).
- Tandems and special cycles: Some operators can accommodate a wider range of cycles. The Tandem Club has details of current arrangements – email: [trains@tandem-club.org.uk](mailto:trains@tandem-club.org.uk).
- A cycle reservation is only valid for one train. Journeys that involve multiple changes or operators will require multiple reservations for each part of the journey, and it may not be possible to reserve a space for your cycle on trains operating on all legs of such a journey.
- Major events that create significant increases in passenger numbers may affect our availability to offer normal levels of cycle carriage on trains. Always check with the train operator prior to travel.

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