

# SPORTS, ARTS AND CULTURE FAMILY BREAKS



# ACTIVITY TIMETABLE

## 19 - 27 AUGUST 2021

- Click here for the map to the Sports Centre
- Click here for the map to The Pavilion
- Click here for the map to the Gulbenkian

THEME / AGE	CLASS 16YRS+ 8AM	SPORTS 5-9YRS 10AM	SPORTS 10-16YRS 11AM	CLASS 16YRS+ 12AM	CLASS 16YRS+ 1PM	SPORTS 5-9YRS 2PM	SPORTS 10-16YRS 3PM	CLASS 16YRS+ 4PM	CLASS 16YRS+ 5PM	SOCIAL ACTIVITY 6PM
THURS 19						Tennis The Pavilion	Tennis The Pavilion	Legs, Bums and Tums Sports Centre	Stretch, Tone and Relax Sports Centre	Petanque, Bat and Trap, Rounders The Pavilion
FRI 20	Express Body Blast Sports Centre	Kwik Cricket The Pavilion	Kwik Cricket The Pavilion	Sports Centre	Sports Centre	Sports Day / Fun Relays The Pavilion	Handball Sports Centre	Step Sports Centre	Sports Centre	
SAT 21	Express Circuits Sports Centre	Tennis The Pavilion	Tennis The Pavilion	Sports Centre	Power Pilates Sports Centre	Football The Pavilion	Football The Pavilion	Box Fit Sports Centre	Pure Pilates Sports Centre	
SUN 22	<b>Pilgrims Hospices Cycle Challenge</b> The Pavilion Get on your bike to explore the beautiful and varied countryside of east Kent alongside friends, family and cyclists of all abilities, safely in our new COVID-secure event format. With over 733,000 miles cycled since 2010, the Cycle Challenge is a firm favourite and it's set to be even bigger than ever! <a href="#">Sign up here</a>									BBQ The Pavilion
MON 23	Express Yoga Sports Centre	Table Tennis Sports Centre	Table Tennis Sports Centre	Body Blast Sports Centre	Yoga Sports Centre	NA Kurling / Bowls / Speed Stacks The Pavilion	Badminton Sports Centre	Legs, Bums and Tums Sports Centre	Sports Centre	Campus Treasure Hunt / Quiz Across campus
TUES 24	Express Legs, Bums and Tums Sports Centre	Football The Pavilion	Football The Pavilion	Dance Mix Sports Centre	Stretch, Tone and Relax Sports Centre	Tennis The Pavilion	Tennis The Pavilion	Totally Shredded Sports Centre	Sports Centre	
WEDS 25	Sports Centre	Kwik Cricket The Pavilion	Kwik Cricket The Pavilion	Box Fit Sports Centre	Ab Attack Sports Centre	Dodgeball Sports Centre	Dodgeball Sports Centre	Pilates Sports Centre	Sports Centre	Sports Centre Mania Sports Centre
						Craft workshop 2pm - 3.30pm Gulbenkian				
THURS 26	Express Body Blast Sports Centre	Tennis The Pavilion	Tennis The Pavilion	Pilates Sports Centre	Sports Centre	Touch Rugby The Pavilion	Touch Rugby The Pavilion	Legs, Bums and Tums Sports Centre	Stretch, Tone and Relax Sports Centre	
						Animation workshop 2pm - 3.30pm Gulbenkian				
FRI 27	Sports Centre	Football The Pavilion	Football The Pavilion	Sports Centre	Sports Centre	Kwik Cricket The Pavilion	Kwik Cricket The Pavilion	Step Sports Centre	Sports Centre	
SAT 28 - SUN 29	<b>Kent's International Family Arts Festival!</b> Gulbenkian Reunite with family and friends this August for an amazing weekend of the very best in theatre, dance, films and fun for all the family, packed with magical performances and experiences on the beautiful University of Kent campus in Canterbury.									

