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University of
Kent

STUDENT ACCOMMODATION/ Canterbury Campus

COVID-19 POLICY

Updated 11/08/2021



Our key messages for students

- We know how important the residential experience is to your student journey
- Students and staff are asked to follow the latest [government guidance](#), and it will be everyone's responsibility to understand and follow this to support increased safety for all
- We will continue to promote good practice in our accommodation to protect staff and students, including the support of enhanced cleaning practices in all shared and communal areas
- We have information online for students who are experiencing [symptoms of COVID-19](#), which includes a [link to a webform](#) to let us know, so we can support you
- We have developed a [package of support](#) on our webpages for students who are self-isolating
- We will do all we can to support our students getting [vaccinated for Covid-19](#)

This document will be regularly reviewed and updated as we follow the latest guidance. Please ensure you refer to the latest policy available from our website: www.kent.ac.uk/accommodation/canterbury/living-on-campus

Student Arrivals

The student arrivals dates have been extended to facilitate increased social distancing on campus during this period

- Please ensure you [get tested for Covid-19](#) before you leave your home. You should get tested twice during your first week on campus, three days apart.
- If you plan to travel from abroad, please see our [International information page](#) for more information.
- Please be mindful of your housemates if a family member or friend is helping you to move belongings into your accommodation, particularly in the shared spaces such as kitchens and bathrooms
- You should not invite anyone to stay overnight in your household during the first ten days after your arrival. After that time, you should follow the latest [government guidance](#), together with the University's standard guidelines on visitors which can be found in the [Accommodation Handbook](#)



Student acclimatisation

As students move into their accommodation from different households in the UK and further afield, they will create a new household.



To help support this:

- [Housekeeping information](#), videos and cleaning products are available to help you keep your accommodation clean
- Our housekeeping team will clean communal spaces such as stairwells in the flats regularly
- After your first week, you should [get tested for COVID-19 twice a week](#) while living on campus
- You should be aware of the symptoms of COVID-19. These are:
 - a high temperature
 - a new, continuous cough
 - a loss of, or change to, your sense of smell or taste
- If you experience any of these symptoms, please [Self-Isolate, Test and Inform](#)

Self-isolating in campus accommodation

We are committed to supporting you if you are required to self-isolate, and our guide to [support for students who are self-isolating](#) is available online

- Our Covid Support team will provide advice and support to enable you to self-isolate and can be contacted via CovidSupport@kent.ac.uk
- We will ensure that you are able to access the essential items you need whilst you are self-isolating, and have set up a dedicated email address, isolation@kent.ac.uk, which is monitored 7 days a week including evenings. Arrangements have been made to help with laundry, bedding, cleaning materials and to ensure that you receive mail and parcels
- We will provide a small care pack to help with the essentials for if you live in self-catered accommodation, and food deliveries if you are on our Bed & Flex or Bed & Bistro packages
- A [kitchen rota](#) is available for you to book your time in the shared spaces
- A range of support is being offered to students self-isolating, including welfare checks by the [Colleges and Community Life Team](#). You can access online specialist support such as counselling services and mental health support, if required, through the [Student Support and Wellbeing Team](#). We also have a 24/7 nursing team available on campus during term time

How can I prepare for self-isolation?

We know being asked to self-isolate can be hard. It can happen at very short notice, and it may help you if you feel prepared. Consider what you may need for ten days isolation. You may wish to keep some things ready in case you need to self-isolate

You might consider:

- Medication, including cold and flu tablets and vitamins
- Snacks, or some long-life food such as canned, dry or frozen goods if you live in self-catered accommodation
- Sanitary items
- Hand-washing laundry detergent

Remember, if you don't have access to something that you need while you are isolating, we can help you, just email isolation@kent.ac.uk



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