KENT SPORT WELCOME EVENTS

More information: find all event details online kent.ac.uk/welcome/whats-on

MONDAY 20

HOST A HOLE
11am to 6pm daily (10am to 3pm on Thursday), across campus
Get your housemates together and play all the holes across campus. Each completed hole will earn you a stamp on your scorecard. Complete all holes to be entered in to the prize draw!

WEDNESDAY 22

KENT UNION WELCOME FAIR
11am to 4pm, Plaza and virtual
Join us online or face-to-face and find out what Kent Sport has to offer and ask us any burning questions you might have!

TUESDAY 21

Class timetable
Sports Centre studio
The Autumn term fitness and dance timetable kicks off from today - featuring 40 classes per week of all your favourites!

Football Fest
5pm to 7pm, The Pavilion pitches
Small sided football and two centrepiece attractions: test your ball skills against a pro in the Panna Cage and your striking power and accuracy in the Speed Cage.

STUDENT SERVICES WELCOME FAIR
10am to 12.30pm, virtual
Join us online as we answer all your questions about sport, fitness and wellbeing at Kent.

WEDNESDAY 23

Box Fit
2.15pm, outside Sports Centre
This class is not only physical but technical. Learn how to throw a punch and use the pads in this fun-filled action-packed circuit class.

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THURSDAY 23

Bubble football
4pm to 6pm, The Pavilion pitches
Small sided football and two centrepiece attractions; test your ball skills against a pro in the Panna Cage and your striking power and accuracy in the Speed Cage.

Running workshop
10am to 11am, Registry Lawn, tent 3
Join Vicky as she provides advice and guidance for runners and those looking to get into running.

FRIDAY 24

Running workshop
10am to 11am, Registry Lawn, tent 3
Join Vicky as she provides advice and guidance for runners and those looking to get into running.

WEDNESDAY 29

Bubble football
4pm to 6pm, The Pavilion pitches
Small sided football and two centrepiece attractions; test your ball skills against a pro in the Panna Cage and your striking power and accuracy in the Speed Cage.

WEDNESDAY 6 OCTOBER

Colour Run
2pm start, outside the Venue
Join us for a colourful open run session, showcasing the running routes across the beautiful Canterbury campus.

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1.15pm, outside Stacey building
This class is not only physical but technical. Learn how to throw a punch and use the pads in this fun-filled action-packed circuit class.

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