| Dishes                                  |              |                           |             |      |          | upin<br>Flour | Milk       |          | MUSTARD  |          |          | The control of the co |          | ₩ WE            |
|---|--------------|---------------------------|-------------|------|----------|---------------|------------|----------|----------|----------|----------|--|----------|-----------------|
|   | Celery       | Cereals containing gluten | Crustaceans | Eggs | Fish     | Lupin         | Milk       | Mollusc  | Mustard  | Nuts     | Peanuts  | Sesame seeds   | Soya     | Sulphur Dioxide |
|   |              |                           |             |      |          |               | Fish       |          |          |          |          |  |          |                 |
| Battered Catch of the                   | 1            | ✓                         |             |      | ✓        |               |            |          |          |          |          |  |          |                 |
| Day                                     | <del> </del> | ✓                         |             |      | ✓        |               |            |          |          |          |          |  |          | +               |
| Breaded Plaice                          | ✓            | V                         |             |      | <b>√</b> |               |            |          |          |          |          |  |          | +               |
| Cajun Salmon<br>Cod in Provencale       |              |                           |             |      |          |               |            |          |          |          |          |  |          | 1               |
| Sauce                                   | l            |                           |             |      | ✓        |               |            |          |          |          |          |  |          |                 |
| Piri Piri Salmon                        |              |                           |             |      | ✓        |               |            |          |          |          |          |  |          |                 |
| Scampi                                  |              | ✓                         | ✓           |      |          |               |            |          |          |          |          |  |          | 1               |
|   |              |                           |             |      | •        | •             | Poultry    | •        | •        |          |          |  |          |                 |
| Bombay Style                            | <b>√</b>     |                           |             |      |          |               | <b>√</b>   |          | <b>✓</b> |          |          |  |          |                 |
| Chicken                                 |              |                           |             |      |          |               | •          |          | •        |          |          |  |          |                 |
| Cajun Chicken                           | ✓            |                           |             |      |          |               |            |          |          |          |          |  |          |                 |
| Chicken Katsu                           |              | ✓                         |             | ✓    |          |               |            |          | ✓        | ✓        | ✓        | ✓  |          |                 |
| Korean Chicken                          |              | ✓                         |             |      |          |               |            |          |          | ✓        | ✓        | ✓  | ✓        |                 |
| Roast Chicken                           |              |                           |             |      |          |               |            |          |          |          |          |  |          |                 |
| BBQ Chicken                             |              |                           |             |      |          |               |            |          |          |          |          |  |          |                 |
| Chicken Satay                           |              |                           |             |      |          |               |            |          |          |          | ✓        |  |          |                 |
|   |              | •                         | <u> </u>    |      | •        | F             | lant-based | <b>.</b> | <b>.</b> | <u> </u> | <b>.</b> |  |          |                 |
| Bangers & Mash (vegan)                  |              |                           |             |      |          |               |            |          |          |          |          |  |          |                 |
| Butternut Squash & Spinach Curry        | 1            |                           |             |      |          |               |            |          | ✓        |          |          |  |          |                 |
| Buttermilk Quorn                        | <del></del>  |                           |             |      |          | -             |            |          |          |          |          |  |          |                 |
| Burger                                  | l            | ✓                         |             |      |          |               |            |          |          |          |          | ✓  |          |                 |
| Chickpea Curry                          |              | ✓                         |             |      |          |               |            |          |          |          |          |  |          |                 |
| Malaysian style                         | <b>√</b>     | 1                         |             |      |          |               |            |          |          | <b>√</b> | ✓        |  | <b>√</b> |                 |
| Sweet Potato Curry                      |              |                           |             |      |          |               |            |          |          |          |          |  |          |                 |
| Moving Mountains<br>Plant Based Burger  |              | ✓                         |             |      |          |               |            |          |          | ✓        |          | ✓  | ✓        |                 |
| Moving Mountains<br>Plant Based Hot Dog |              | ✓                         |             |      |          |               |            |          |          |          |          | ✓  |          |                 |
| Mushroom<br>Bolognaise                  |              | ✓                         |             |      |          |               |            |          |          |          |          |  |          |                 |
| Mushroom Katsu                          |              | ✓                         |             |      |          |               |            |          | ✓        | ✓        | ✓        | ✓  | ✓        |                 |
| Nut Roast                               | ✓            | ✓                         |             |      |          |               |            |          |          | ✓        | ✓        | ✓  | ✓        | ✓               |
| Quinao Chilli                           | ✓            |                           |             |      |          |               |            |          |          |          |          |  |          |                 |
| Vegetable Enchilada                     |              | ✓                         |             |      |          |               |            |          |          |          |          |  |          |                 |
| Vegan Lasagne                           |              | ✓                         |             |      |          | 1             |            |          |          |          |          |  | ✓        |                 |
| Vegan Tagine                            | ✓            |                           |             |      |          | 1             |            |          |          |          |          |  |          | ✓               |
|   | Beef         |                           |             |      |          |               |            |          |          |          |          |  |          |                 |
| Balti                                   | ✓            |                           |             |      |          |               | ✓          |          | ✓        |          |          |  |          |                 |
| Beefburger                              | ✓            | ✓                         |             |      | 1        | 1             | ✓          |          |          |          |          | ✓  |          | 1               |
| Beef Pasta Bake                         |              | ✓                         |             |      |          |               | ✓          |          |          |          |          |  |          |                 |
| Lasagne                                 | ✓            | ✓                         |             |      |          |               | ✓          |          | ✓        |          |          |  |          |                 |
|   |              |                           |             |      |          |               |            |          |          |          | -        | -  |          |                 |

| Dishes                         |   |   |  |   |  | lupin<br>Flour | Milk |  | MUSTARD |   |   | (Make) | 18 | WINE |
|--------------------------------|---|---|--|---|--|----------------|------|--|---------|---|---|--------|----|------|
| Pasta Bolognaise               | ✓ | ✓ |  |   |  |                |      |  |         |   |   |        |    |      |
| Lamb                           |   |   |  |   |  |                |      |  |         |   |   |        |    |      |
| Minted Shepherd's<br>Pie       | ✓ |   |  |   |  |                |      |  |         |   |   |        |    |      |
| Pork                           |   |   |  |   |  |                |      |  |         |   |   |        |    |      |
| Bangers & Mash                 |   | ✓ |  |   |  |                |      |  |         |   |   |        |    | ✓    |
| BBQ Ribs                       |   |   |  |   |  |                |      |  |         |   |   |        |    |      |
| Gamon Steak & Pineapple        |   |   |  |   |  |                |      |  |         |   |   |        |    |      |
| Katsu Pork                     |   | ✓ |  | ✓ |  |                |      |  | ✓       | ✓ | ✓ | ✓      |    |      |
| Pork Steak in<br>Mustard Sauce |   | ✓ |  |   |  |                | ✓    |  | ✓       |   |   |        |    |      |
| Spicey Pork Steak              |   | ✓ |  |   |  |                |      |  |         | ✓ | ✓ |        | ✓  |      |
| _                              |   |   |  |   |  |                |      |  |         |   |   |        |    |      |