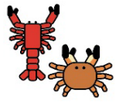
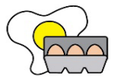
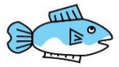
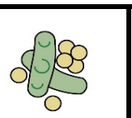
Dishes														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Protein														
Chicken														
Tofu													✓	
Pork														
Noodles/rice														
Egg noodles		✓		✓										
Rice														
Vegetables														
Pak choi														
Bell pepper														
Mushrooms														
Carrots														
Bean sprouts														
White onion														
Spring onion														
Coriander														
Chilli														
Sauces														
Black bean sauce		✓										✓	✓	
Hoi Sin										✓	✓		✓	
Cuban chimichurri		✓								✓			✓	
Korean bulgogi		✓								✓	✓	✓	✓	
Mozambican Piri Piri Sauce		✓								✓	✓		✓	
Nasi goreng		✓	✓		✓								✓	
Pang Gang		✓	✓					✓		✓	✓		✓	✓
Oyster sauce								✓		✓	✓			
Dark Soy Sauce		✓								✓	✓		✓	
Sri Lankan curry sauce		✓								✓	✓		✓	
Sriracha hot sauce												✓		
Sweet chilli sauce														
Sweet & Sour Sauce														
Teriyaki sauce		✓								✓	✓		✓	
Szechaun		✓											✓	