

Staff Conference 2022

BUILDING OUR UNIVERSITY COMMUNITY

Monday 12 September – Wednesday 14 September

Pre-conference activities and showcase events

For further details on each session visit our [summary page](#).

	Monday 12 th September	Tuesday 13 th September	Wednesday 13 th September	Wednesday 13 th September at Medway
All week	<p>Coffee with a Mystery colleague - all week</p> <p>Let us widen your network for you and match you with someone to have a coffee and chat with to get to know more about different areas of the university – Contact Ldev@kent.ac.uk for further information</p>	<p>Coffee with a Mystery colleague - all week</p> <p>Let us widen your network for you and match you with someone to have a coffee and chat with to get to know more about different areas of the university – Contact Ldev@kent.ac.uk for further information</p>	<p>Coffee with a Mystery colleague - all week</p> <p>Let us widen your network for you and match you with someone to have a coffee and chat with to get to know more about different areas of the university – Contact Ldev@kent.ac.uk for further information</p>	<p>Coffee with a Mystery colleague - all week</p> <p>Let us widen your network for you and match you with someone to have a coffee and chat with to get to know more about different areas of the university – Contact Ldev@kent.ac.uk for further information</p>
All day		<p>Health Monitoring at Medway - staff blood pressure checks for Medway staff</p> <p>Venue: All day in Room M0-04 in the Medway Building</p> <p>If you would like an appointment, please email occupationalhealth@kent.ac.uk</p>		<p>09.30 - 16.00</p> <p>Acupuncture chair massaging at Medway</p> <p>Rebecca Farrell</p> <p>Venue tbc</p> <p>Please book here</p>
08.00 – 09.00			<p>Express spinning class with Kent Sport</p> <p>Free of charge</p>	

			Venue – Dance Centre, Sports Studio To book please click here	
10.00 – 11.00	Tour of School of Sports and Exercise Science and health tests Lucy Hale (Please book by emailing L.J.Hale@kent.ac.uk)		LSSJ Showcase and tour Venue - Moot Chamber, Wigoder Building Please book by emailing LSSJ@kent.ac.uk	10.30 – 11.30 Nutrition talk at Medway Leni Wood Venue tbc Please book here
12.00 – 13.00	Tour of School of Sports and Exercise Science and health tests Lucy Hale (Please book by emailing L.J.Hale@kent.ac.uk)	12.10 – 13.00 Pilates class with Kent Sport Free of charge Venue – Dance Centre, Sports Studio To book please click here	Tour of School of Sports and Exercise Science and health tests Lucy Hale (Please book by emailing L.J.Hale@kent.ac.uk)	12.00 – 14.00 Medway staff barbecue Food, drinks, live music socialising and networking... We hope to see you there! For details and booking click here
13.00 – 14.00	Tai Chi on the Lawn - Toby Burt Meet outside The Registry (student reception) Spaces have now been filled			
14.00 – 15.00		Division of Natural Sciences Tours Contact NATSMarketing@kent.ac.uk for further information		Sound healing at Medway Michelle Crozier Venue tbc Please book here
17.30 – 18.30	Zumba class with Kent Sport Free of charge Venue – Dance Centre, Sports Studio Spaces are now filled			

