Gulbenkian Café Allergen Information

Dishes						Flour			MUSTARD					Bor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
					_		Brunch	-	_	_				
Gulbenkian Breakfast		\checkmark		✓			✓						\checkmark	✓
Gulbenkian Veggie Breakfast		✓		✓			~						✓	✓
Gulbenkian Vegan Breakfast		✓											✓	✓
Shakshuka		\checkmark		✓						\checkmark			\checkmark	
Poached Egg on Toast		✓		✓										
Smashed Avocado on Sourdough		✓												
Smashed Avocado on Sourdough (with poached egg)		~		~										
American Style Pancakes		\checkmark								✓			\checkmark	
			-	-	1	-	Extras	1	1			-	1	
Sausage		\checkmark												√
Vegan sausage							1						\checkmark	✓
Toast Beeched ear		\checkmark		✓			\checkmark							
Poached egg Cheese				v			✓							╂─────
Vegan cheese							•							
Bacon														
Dacon					<u>]</u>	1	Mains	1	<u> </u>	<u> </u>				1
Kentish Cheese and Bacon Burger		~					✓							✓
Vegan Chick'n Burger		✓												✓
Chicken Club Sandwich		✓		✓										
Kentish Mac and Cheese		\checkmark					✓		✓					
Chicken, Bacon and Avocado Caesar Salad		~		V	V		V						V	
Croque Monsieur		✓					✓		✓					<u> </u>
Croque Tomato		✓					\checkmark		✓					
Vegan Smoky Aubergine Salad		✓												✓
Meat Feast Pizza		\checkmark					\checkmark					\checkmark		

	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Kentish Cheese, Sundried Tomato and Pesto Pizza		✓										✓		
Thai Fish Cakes		\checkmark		\checkmark	\checkmark									\checkmark
Posh Fish Finger Sandwich		\checkmark		✓	✓				✓					 Image: A second s
Homemade Aloo Gobi (with rice, naan bread, poppadums, mango chutney, and mint sauce)		¥								~			¥	
Homemade Chicken Curry (with rice, naan bread, poppadums, mango chutney, and mint sauce)		¥					*			¥			*	
Homemade Fish Curry (with rice, naan bread, poppadums, mango chutney, and mint sauce)		~					~			~			~	
							Sides							
Fries		✓ may contain traces of gluten												
Side salad		8												\checkmark
Garlic ciabatta		\checkmark												
Cheesy garlic ciabatta		✓					~							
Homemade Onion Bhajis		✓											✓	
							Hot drinks							1
Americano							✓ may contain milk, if requested by customer							
Latte							✓							
Cappuccino							✓							
Hot chocolate							✓							
Mocha		1					✓							
Flat white							✓							
Espresso														

	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
English breakfast tea							✓ may contain milk, if requested by customer							
Extreme earl tea							✓ may contain milk, if requested by customer							
Peppermint tea														
Raspberry and orange tea														
Green tea														
						SI	nowtime Menu							
Fish & chips		\checkmark		\checkmark	\checkmark				\checkmark					\checkmark
Pie of the day (Chicken or ham)	✓	✓		✓			✓							
Sausage & mash		✓												\checkmark
Vegan sausage & mash		✓												✓
Meat feast calzone & salad		4					~					✓ may contain traces of sesame		V
Sundried tomato and pesto calzone		~					~					✓ may contain traces of sesame		✓
Onion rings		\checkmark												
Chunky chips		 ✓ may contain traces of gluten 												