



IN-PERSON INSTRUCTOR CLASSES


16 JANUARY TO 7 APRIL


MONDAY



 8am Oli


 12.15pm Annette


 1.15pm Annette



 5.30pm Jeni


 6.30pm Hayley



 7.30pm Team

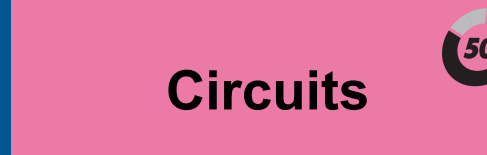
TUESDAY


 8am Jade



 12.15pm Kealy



 1.15pm Kealy



 5.30pm Naomi


 6.30pm Laetitia

WEDNESDAY



 12.15pm Hayley



 1.15pm Jeni



 5.30pm Hayley



 6.30pm Emma

THURSDAY



 12.15pm Team



 1.15pm Laetitia



 5.30pm Kealy



 6.30pm Kealy

FRIDAY


 12.15pm Naomi


 1.15pm Jeni


 5.30pm Monica


 6.30pm Sarah


SATURDAY



 9am


 10am Naomi


 11.30am Hayley

SUNDAY


 11am Daniela


 3pm Laetitia



Classes are bookable through your online account at kent.ac.uk/sports/classes. Please make sure you review the class etiquette and **cancel any class you are unable to attend**.

Classes and instructors are subject to change. Follow **UniKentSports** on social media for updates. All classes are free for Premium Plus and Premium members.