



MONDAY

SOCIAL NETBALL
MAIN HALL
12.30PM TO 1.30PM

TUESDAY

STAFF TENNIS
INDOOR TENNIS CENTRE
12PM TO 1.30PM

BADMINTON, TABLE TENNIS
MAIN HALL
4PM TO 5PM

BADMINTON, TABLE TENNIS
MAIN HALL
5PM TO 6PM

SOCIAL FUTSAL
HALL 3
6PM TO 8PM

THURSDAY

COUCH 2 5K
MEET AT SPORTS CENTRE
12.00PM TO 13.00PM

STAFF TENNIS COACHING
INDOOR TENNIS CENTRE
1PM TO 2PM

FRIDAY

STAFF FOOTBALL
3G PITCH
12PM TO 1PM

CARDIO TENNIS
INDOOR TENNIS CENTRE
5PM TO 6PM

BEGINNERS TENNIS
INDOOR TENNIS CENTRE
6PM TO 7PM

INTERMEDIATE TENNIS
INDOOR TENNIS CENTRE
7PM TO 8PM



SPORTS CENTRE

THE PAVILION

**ALL STUDENTS
AND STAFF
WELCOME**

Free for Premium Plus members. £2 per session for Kent Sport Premium, Plus and Pay to Play members. The programme offers an array of fun, relaxed, social sporting activities. These non-competitive, turn-up-and-play recreational sessions are ideal for students and staff who want to try new activities, meet new people and maintain a healthy lifestyle regardless of ability or age.