Graphical user interface, text

Description automatically generated with medium confidence **Parkinson’s Centre for Integrated Therapy Timetable Spring 2023**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Times** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Early Morning** | * Group Exercise  (3 x 6 PPP)   Sarah Frow   * 1-1 Occupational Therapy Sessions Katie Skelton |  |  | * Group Exercise (High Intensity) Clare Proctor | * Group Speech and Language Therapy Jane Horan |
| **Late Morning** | * Group Exercise (Circuits) Sarah Frow * 1-1 Occupational Therapy Sessions Katie Skelton | * Group Counselling Sessions Faversham Counselling Service | * 1-1 Speech and Language Therapy Jane Horan | * 1-1 Physiotherapy Clare Proctor | * Group Speech and Language Therapy Jane Horan |
| **Early Afternoon** | * 1-1 Occupational Therapy Sessions Katie Skelton | * Group Occupational Therapy Sessions  Katie Skelton | * 1-1 Speech and Language Therapy Jane Horan * 1-1 Massage Therapy Trainee Therapists | * 1-1 Physiotherapy Clare Proctor | * Group Speech and Language Therapy Jane Horan * Group Exercise (Chair-Based) Sarah Frow |
| **Late Afternoon** | * Group Exercise   (Low Intensity)  Sarah Frow | * Group Occupational Therapy Sessions  Katie Skelton * Group Singing (\*fortnightly) Skylarks | * 1-1 Speech and Language Therapy Jane Horan * 1-1 Massage Therapy Trainee Therapists | * 1-1 Physiotherapy Clare Proctor | * Group Exercise (3 x 6 PPP)  Sarah Frow * 1-1 Personal Training Sarah Frow |