**From 1st August 2023, the current costing system for PCIT therapies and membership will be changing.**

**Until now we have been relying on voluntary contributions to support our Centre.  However, to enable us to stay open and to grow our services, we now need to move to fixed prices.**

**The revised cost of our therapies will be as follows. (Please note that these prices are fixed rate and not suggested contributions\*)**

|  |  |
| --- | --- |
| Therapy (individual, one-to-one session) | Cost per session |
| Physiotherapy | £35 |
| Speech and Language Therapy (SLT) | £35 |
| Occupational Therapy (OT) | £35 |
| Massage | £35 |
| Personal Training | £35 |
| Counselling | £35 |
| Group sessions | Cost per session |
| Group Exercise (Low Intensity classes, Circuit Training, Sit with Intensity, 3 x 6  = Purposeful, Power and Precision) | £10 |
| Physio-based exercise | £10 |
| SLT group and workshops | £10 |
| OT groups and workshops | £10 |
| Group counselling sessions | £10 |
| Supervised Gym use | £10 |

\*If these charges are unaffordable, please contact us to see how we can help