

ALLERGY AWARENESS

When preparing food in your kitchen please consider if some of your housemates may be allergic to certain foods (major categories listed below) which can in severe cases lead to a serious life threatening immune system reaction.

If you suffer from any food related allergy please let your housemates know. You can also notify Kent's Safety and Compliance Advisor online for further advice.

Should any medical emergency occur, contact Campus Security immediately by calling the emergency line on 01227 823333 or using the Safe Zone app.

Find out more or contact the Safety and Compliance Advisor:
kent.ac.uk/catering/dietary-requirements



GLUTEN



SESAME



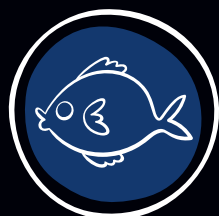
NUTS



CRUSTACEAN



EGGS



FISH



MUSTARD



MILK



CELERY



PEANUTS



SOYA



SHELLFISH



LUPINS



SULPHITE