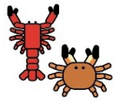
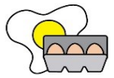
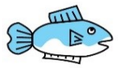
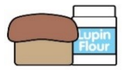
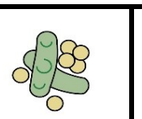
Dishes														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Light Bites, Pastas & Salads														
Jerk Chicken Salad		✓												
Caribbean 3 Bean Salad		✓ may contain												
Falafel & Tabbouleh Salad		✓												✓
Pesto Pasta Pot		✓								✓	✓ may contain		✓	
Tomato & Basil Pasta Pot		✓												
Pitta & Houmous Pot		✓										✓		
Chillied Egg				✓										
Sandwiches & Wraps														
Vegan Cheese & Tomato Sandwich		✓												
Simple Tuna Mayo Sandwich		✓			✓									
Simple Chicken Mayo Sandwich		✓												
Roast Beef & Horseradish Sandwich		✓		✓			✓		✓					
Houmous & Beetroot Falafel Sandwich		✓										✓		
Chicken, Bacon, & Avocado Sandwich		✓												
Vegan Bean Chilli Burrito		✓												
Sweet Treats & Breakfast Items														
Yoghurt, Granola, Fruit Compote		✓					✓			✓				
Soy Yoghurt, Granola, Fruit Compote		✓								✓			✓	
Simply Grape Pot														
Mixed Melon Pot														
Kerala Curry														
Vegan Biryani		✓ may contain												
Chicken Biryani		✓ may contain		✓										
Butter Chicken		✓ may contain					✓							
Chicken Samosa		✓												