Tuesday 10 October, 1.10pm

Some Kind of Calm
A Mindfulness Piano Recital

Programme

Yumiko Morioka
Komorebi

Alison Berry
Unicorn in Rainbows

Olafur Arnalds
We Contain Multitudes

Philip Glass
Truman Sleeps

Chick Corea
Children’s Songs nos. 1, 2 and 3

Tarik O'Regan
Diomedes from ‘Variations for Judith’

Richard Rodney Bennett
Little Elegy from ‘Variations for Judith’

John Cage
In a Landscape

Huw Morgan
Postlude

Daniel Harding piano

Colyer-Fergusson Hall

With thanks to Thomas Connor, lighting and projections

Part of World Mental Health Day