

For class updates

FITNESS AND DANCE CLASSES **16 JUNE TO 4 AUGUST**

Book and cancel all classes through your online account.

In-person instructor class in the dance

Virtual instructor class in the dance studio

Group Exercise in the halls at the **Sports Centre**

45

45



MONDAY



50°

7.45am



Virtual

Virtual

9am

Virtual

Virtual







12.15pm

Annette

Liz

Hayley







LesMills







50 5.30pm



6.30pm

Hayley

Naomi





30'

D LESMILLS BODYCOMBAT





45' /irtual











45





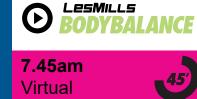






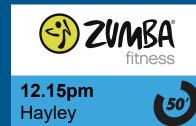
















Virtual









Kealy

Gina

Naomi



Hayley / Jim



Virtual



























LesMills







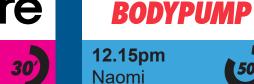




LesMills

SH'BAM

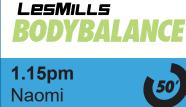
11.30am



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12.30pm





LesMills



















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Obarre













