

VIRTUAL INSTRUCTOR CLASSES

23 SEPTEMBER TO 13 DECEMBER



04:33



MONDAY

9am Virtual 45'	10am Virtual 45'	11am Virtual 45'	4.30pm Virtual 30'

TUESDAY

7.45am Virtual 45'	9am Virtual 30'	4.30pm Virtual 30'

WEDNESDAY

9am Virtual 30'	10am Virtual 45'	2.15pm Virtual 45'	3.30pm Virtual 45'	4.30pm Virtual 30'

THURSDAY

7.45am Virtual 45'	8.45am Virtual 30'	9.45am Virtual 45'	10.45am Virtual 45'	2.15pm Virtual 45'	7.30pm Virtual 50'

FRIDAY

7.30am Virtual 45'	8.30am Virtual 45'	10am Virtual 45'	11am Virtual 45'	7.30pm Virtual 45'

SUNDAY

12.30pm Virtual 45'	1.15pm Virtual 30'	2pm Virtual 45'	3pm Virtual 30'



Book and cancel all classes through your online account.

kent.ac.uk/sports/classes