

ALL Active

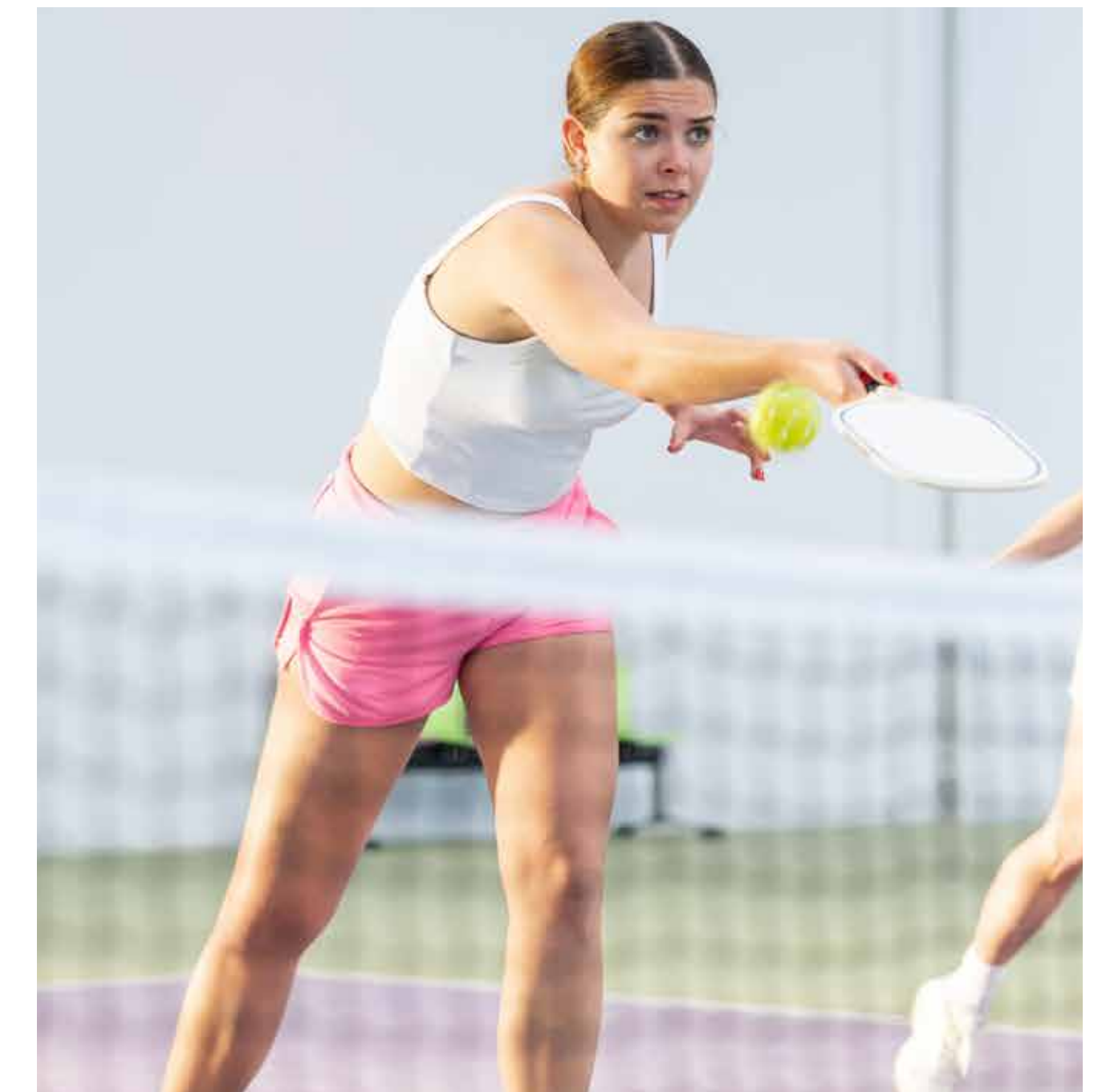
INCLUSIVE * SOCIAL * RELAXED

AUTUMN TERM TIMETABLE 23 SEPTEMBER TO 13 DECEMBER

MORE INFO 

BOOK NOW 

MON	SOCIAL RUN / COUCH TO 5K 12pm to 1pm 	SOCIAL NETBALL 12.30pm to 1.30pm 	SOCIAL VOLLEYBALL NEW! 5pm to 6pm 		
TUES	THIS GIRL CAN LIFT 10.30am to 11.30am 	SOCIAL ROUNDERS NEW! 12pm to 1pm 	SOCIAL RACKETS (Badminton, table tennis, pickleball and touchtennis) 4pm to 7pm 	SOCIAL BASKETBALL NEW! 5pm to 6pm 	SOCIAL FUTSAL 6pm to 8pm 
WEDS	SOCIAL PICKLEBALL NEW! 12pm to 1pm 	SOCIAL CRICKET NEW! 12pm to 1pm 	ULTIMATE FRISBEE NEW! 5.30pm to 6.30pm 		
THURS	THIS GIRL CAN LIFT 5pm to 6pm 	THIS GIRL CAN LIFT 6pm to 7pm 	CARDIO TENNIS 7pm to 8pm 	BEGINNERS TENNIS 8pm to 9pm 	INTERMEDIATE TENNIS 9pm to 10pm 
FRI	WOMEN'S SOCIAL FOOTBALL 12pm to 1pm 	SOCIAL RACKETS NEW! (Badminton, table tennis, pickleball and touchtennis) 12pm to 2pm 			



DON'T FORGET YOUR LOYALTY CARD!

Collect 15 stamps and claim a free ALL Active t-shirt. With 30 stamps, you can enter our prize draw to win £100 on your Kent One Card each term!

SESSION TAKES PLACE
AT THE SPORTS CENTRE

SESSION TAKES PLACE
IN THE GYM

SESSION TAKES PLACE
AT THE PAVILION

STUDENTS, STAFF, AND ALUMNI WELCOME

- Free for Premium Plus and Plus members
- £2.50 per session for Pay to Play members

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