

ALL ACTIVE 55+

SOCIAL SPORTS PROGRAMME

kent.ac.uk/sports/sports-recreation/active-55

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
PICKLEBALL 10am to 12pm	BADMINTON 9am to 11am	PICKLEBALL 10am to 12pm	PICKLEBALL 10am to 12pm	BADMINTON 9am to 12pm	BADMINTON 9am to 11am		
WALKING CRICKET 12pm to 1pm *	TABLE TENNIS 9am to 11am	BOCCIA 12pm to 1pm	WALKING FOOTBALL* 10am to 11am	TABLE TENNIS 9am to 12pm			
	TENNIS 9am to 12pm			WALKING NETBALL* 9am to 11am			
				TENNIS 9am to 12pm			
				PICKLEBALL 12pm to 2pm			

SESSION TAKES PLACE
IN SPORTS CENTRE

SESSION TAKES PLACE
AT THE PAVILION

Free for Premium Plus and Plus members

£7.50 per session for Pay to Play members

*£6.00 per session for walking sessions

Please contact us at sportsdevelopment@kent.ac.uk before booking or attending a session.