

# ALL ACTIVE 55+

## SOCIAL SPORTS PROGRAMME

[kent.ac.uk/sports/sports-recreation/active-55](http://kent.ac.uk/sports/sports-recreation/active-55)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PICKLEBALL 10am to 12pm	BADMINTON 9am to 11am	PICKLEBALL 10am to 12pm	PICKLEBALL 10am to 12pm	BADMINTON 9am to 12pm	BADMINTON 9am to 11am
WALKING CRICKET 12pm to 1pm *	TABLE TENNIS 9am to 11am	BOCCIA 12pm to 1pm	WALKING FOOTBALL* 10am to 11am	TABLE TENNIS 9am to 12pm	
	TENNIS 9am to 12pm			WALKING NETBALL* 9am to 11am	
				TENNIS 9am to 12pm	
				PICKLEBALL 12pm to 2pm	

SESSION TAKES PLACE  
IN SPORTS CENTRE

SESSION TAKES PLACE  
AT THE PAVILION

Free for Premium Plus and Plus members  
£7.50 per session for Pay to Play members  
\*£6.00 per session for walking sessions  
Please contact us at [sportsdevelopment@kent.ac.uk](mailto:sportsdevelopment@kent.ac.uk) before booking or attending a session.