



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PICKLEBALL 10am to 12pm	BADMINTON 9am to 11am	PICKLEBALL 10am to 12pm	PICKLEBALL 10am to 12pm	BADMINTON 9am to 12pm	BADMINTON 9am to 11am
WALKING* CRICKET 12pm to 1pm	TABLE TENNIS 9am to 11am	BOCCIA 12pm to 1pm	WALKING* FOOTBALL 10am to 11am	TABLE TENNIS 9am to 12pm	
	TENNIS 9am to 12pm			TENNIS 9am to 12pm	
	PICKLEBALL 10am to 12pm			PICKLEBALL 10am to 12pm	
				PICKLEBALL 12pm to 2pm	



**PRICING:**

ALL Active 55+ sessions are free for Premium Plus and Plus members.

Pay to Play members pay £7.50 per session. All walking sessions (marked \*) are charged at £6 per session.

Please contact us at [SportsDevelopment@kent.ac.uk](mailto:SportsDevelopment@kent.ac.uk) before booking or attending a session.

More info at [kent.ac.uk/sports/all-active/55-plus](http://kent.ac.uk/sports/all-active/55-plus)



SESSION TAKES PLACE IN THE SPORTS CENTRE

SESSION TAKES PLACE AT THE PAVILION