

2026 WINTER TERM TIMETABLE

5 October to 11 December

MONDAY	TUESDAY	WEDNESDAY	THURSDAY		FRIDAY	SATURDAY
LEARN TO LIFT 11am to 12pm + KG	WOMEN'S LEARN TO LIFT 10am to 11am + KG	LEARN TO LIFT 8am to 9am + KG	BEGINNERS STAFF TENNIS 12pm to 1pm +	INTERMEDIATE STAFF TENNIS 1pm to 2pm +	STAFF LIFTING 11.30am to 12.30pm + KG	CARDIO TENNIS 12pm to 1pm +
SOCIAL CRICKET 12pm to 1pm	SOCIAL TENNIS 12pm to 2pm	CARDIO TENNIS 11am to 12pm +	WOMEN'S LEARN TO LIFT 5pm to 6pm + KG	FOOTBALL COACHING 4pm to 5.30pm +	SOCIAL STAFF FOOTBALL 12pm to 1pm	
CARDIO TENNIS 12pm to 1pm +	SOCIAL RACKETS (Badminton, table tennis and pickleball) 4pm to 6pm	SOCIAL PICKLEBALL 12pm to 1pm	SOCIAL WOMEN'S FUTSAL 6pm to 7pm	SOCIAL VOLLEYBALL 7pm to 8pm	SOCIAL RACKETS (Badminton, table tennis and pickleball) 12pm to 2pm	
SOCIAL RACKETS (Badminton, table tennis and pickleball) 12pm to 2pm	SOCIAL BASKETBALL 5.30pm to 7.30pm	SOCIAL BOCCIA 12pm to 1pm	CARDIO TENNIS 7pm to 8pm +	BEGINNERS TENNIS 8pm to 9pm +	SOCIAL FOOTBALL 5pm to 7pm	
SOCIAL NETBALL 1pm to 2pm	SOCIAL ULTIMATE FRISBEE 6pm to 7pm		INTERMEDIATE TENNIS 9pm to 10pm +			
	SOCIAL MIXED FUTSAL 6pm to 8pm					

DON'T FORGET YOUR LOYALTY CARD!

Collect stamps at each session you attend and you can win prizes at 15, 50, and 100 sessions attended.



MORE INFO



BOOK NOW



PRICING:

ALL Active and ALL Active + sessions are free for Premium Plus and Plus members.

Pay to Play members pay the per-session rate for each session:

- ALL Active sessions - £3.50 per session
- ALL Active+ sessions:
 - University of Kent Students and Public Juniors - £6.75
 - University of Kent Staff, Alumni, and Over 55s - £7.75
 - Public Adults - £8.75

+ Denotes an ALL Active Plus session

SESSION TAKES PLACE IN THE GYM

SESSION TAKES PLACE IN THE SPORTS CENTRE

SESSION TAKES PLACE AT THE PAVILION